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**Information for Behavioral Health Providers in Primary Care**

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## **The CAGE Questionnaire – A Screening Test for Alcohol Use Disorders**

This simple 4-question self-test may help you become aware of your use or abuse of alcohol. This test specifically focuses on alcohol use, and not on the use of other drugs. For each question, please fill in the circle for the answer that best describes how you have felt and behaved over your whole life.

**1. Have you ever felt you should *cut* down on your drinking?**

- ☐ Yes
- ☐ No

**2. Have people *annoyed* you by criticizing your drinking?**

- ☐ Yes
- ☐ No

**3. Have you ever felt bad or *guilty* about your drinking?**

- ☐ Yes
- ☐ No

**4. Have you ever had a drink first thing in the morning to steady your nerves or get rid of a hangover (eye-opener)?**

- ☐ Yes
- ☐ No